

## Pre-Ballet

Does your child dream of being a ballet dancer? Join this light-hearted and fun approach to dance. We will learn basic ballet steps and dance to classical and popular music. Wear leotards, tights and pink leather ballet shoes (girls) and black leather ballet shoes (boys).

**Age:** 3 Years  
**#66705** F 9/19-11/21 9:30-10:15am  
**Age:** 4 - 5 Years  
**#66706** F 9/19-11/21 10:15-11:00am  
**Age:** 4 - 5 Years (cont. students)  
**#66707** F 9/19-11/21 11:00-11:45am  
**Age:** 4 - 5 Years (new students)  
**#66709** Sa 9/20-11/22 9:15-10:00am  
**#66708** Sa 9/20-11/22 10:15-11:00am  
**Instructor:** Miss Lorna  
**Age:** 3 - 4 Years  
**#67452** M 9/22-11/24 10:30-11:15am  
**Instructor:** Miss Osiris  
**#66775** W 9/24-11/26 10:00-10:45am  
**Instructor:** Miss Vicki  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$66; w/Resident Disc: \$55

## Pre-Ballet & Tap

Young dancers will have a ball with this high energy combination of ballet and tap. Each week we will learn dance steps and movements in both ballet and tap to great music. Wear leotards, tights, ballet and tap shoes.

**Age:** 4 - 5 Years  
**#66892** Tu 9/23-11/25 9:30-10:15am  
**Instructor:** Miss Joan  
**Location:** Spartan Recreation Center, Olympic Room  
**Fee:** \$66; w/Resident Disc: \$55

## Ballet

Join this beginning level ballet class to learn basic movements, steps and routines to classical and contemporary music. Young dancers will develop strength and coordination while discovering the joy of dance.

**Age:** 6 - 8 Years (new students)  
**#66710** Sa 9/20-11/22 11:00am-12:00pm  
**Instructor:** Miss Lorna  
**Age:** 7 - 10 Years (continuing students)  
**#66712** Sa 9/20-11/22 12:00-1:00pm  
**Age:** 9 - 11 Years (continuing students)  
**#66900** Sa 9/20-11/22 1:00-2:00pm  
**Instructor:** Miss Lorna  
**Age:** 6 - 8 Years  
**#66714** M 9/22-11/24 4:00-4:55pm  
**Instructor:** Miss Vicki  
**Age:** 8 - 11 Years  
**#66711** W 9/24-11/26 4:00-5:00pm  
**Instructor:** Miss Vicki  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$72; w/Resident Disc: \$60

## Dance Moves

Learn the hottest and most fun dance moves in this high energy class. We'll move to great sounds and explore jazz, modern, hip hop and Zumba. This is a great class for friends to take together. Wear tennis shoes.

**Age:** 7 - 11 Years  
**#66719** M 9/22-11/24 5:00-5:55pm  
**Instructor:** Miss Vicki  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$72; w/Resident Disc: \$60



## Hip Hop

Hip Hop dance is a fun and energetic class that will get everyone MOVIN' and GROOVIN' to popular music. Come learn some exciting dance movements that will teach you memory, rhythm and coordination. This is a beginning level dance class and NO hip hop or dance experience is required. Instructor is the coach and choreographer for the Shorecrest Hip Hop team. No class 11/27.

**Age:** 6 - 11 Years  
**#66717** Th 9/25-12/4 4:00-4:45pm  
**Instructor:** Rex Kinney  
**Location:** Spartan Recreation Center, Dance Room  
**Fee:** \$72; w/Resident Disc: \$60

## Irish Dance

Irish dance is one of the most fun and energetic dance forms and the great fun will keep you coming back for more. Learn basic dance steps, jigs and reels to traditional Irish music. Wear comfortable clothing and sport shoes or ballet slippers. No special footwear is required. No class 11/27.

**Age:** 6 - 11 Years  
**#66715** Th 9/25-12/4 5:00-6:00pm  
**Age:** 12 Years and up  
**#66716** Th 9/25-12/4 6:00-7:00pm  
**Instructor:** Peggy O'Toole Weber  
**Location:** Spartan Recreation Center, Gymnastics Room  
**Fee:** \$72; w/Resident Disc: \$60



## Breakdance Lessons

Gain an understanding of the foundational movements and creativity which are involved in b-boying/b-girling. This high-energy, rich and developing dance form can inspire students to develop a life-time love of dance. Lawrence Shields has been involved in breakdancing for over 20 years and competes in competitions across the country. Dancers will have a chance to compete in the annual 2014 break dance competition in October.

**Age:** 4 - 6 Years  
**#66888** Tu 9/16-11/4 4:15-5:00pm  
**Age:** 7 - 12 Years  
**#66887** Tu 9/16-11/4 5:30-6:15pm  
**Instructor:** Lawrence Shields  
**Location:** Spartan Recreation Center, Gymnastics Room  
**Fee:** \$36; w/Resident Disc: \$30



# Youth

## Karate for Kids

This popular and ongoing class offers a safe, fun and often challenging introduction to traditional Tangsoodo karate. This is a martial art that, when practiced regularly, is effective for self-defense, fitness and the development of concentration, confidence and other life skills. Instructor Mark Edwards teaches this class from 6-7pm on Monday evenings. Rank promotions are available to those who train regularly. Those meeting age and rank requirements may continue their training in the Adult Karate program on Monday and Wednesday evenings.

**Age:** 7 - 12 Years

**#66663** M 9/8-10/20 6:00-7:00pm

**#66873** M 10/27-12/15 6:00-7:00pm

**Instructor:** Mark Edwards

**Location:** Richmond Highlands Recreation Center, Gymnasium

**Fee:** \$60; w/Resident Disc: \$55

## F.I.T. Games

FIT Games is a strength and conditioning fitness program specifically designed for kids. It will help improve agility, core strength and cardiovascular fitness in a fun environment. We will play games like Zombie Tag and Angry Birds and go through outrageous obstacle courses. Whether you are a budding athlete or just need to move more, join us and find out how much fun exercise can be. No class 11/22.

**Age:** 7 - 10 Years

**#66728** Sa 9/20-10/25 10:00-10:45am

**#66729** Sa 11/1-12/13 10:00-10:45am

**Instructor:** Arnie Martinez

**Location:** Spartan Recreation Center, Gymnasium

**Fee:** \$48; w/Resident Disc: \$40

## Keep Safe

Join this non-physical self-defense class and learn assertiveness techniques to help you increase your sense of personal power and safety from sexual assault, harassment and bullying. We will address very serious issues in a playful, interactive workshop that profoundly increases personal safety. This workshop is designed for girls and women, ages 11+ and perfect for mothers and daughters to take together. Instructor is a licensed mental health counselor for over 25 years and former middle school counselor.

**Age:** 11 Years and up

**#66724** Sa 10/18 10:00am-12:30pm

**Instructor:** Shelley White

**Location:** Spartan Recreation Center, Cascade Room

**Fee:** \$48; w/Resident Disc: \$40

## Personal Youth Basketball Trainer

Want to know how to play better basketball but don't know how to begin? It may be time for you to work out with a personal basketball trainer. Once you register, instructor Wayne Edwards will contact you to set up an appointment at your convenience. Wayne has over 30 years of coaching experience and 10 years as a personal basketball trainer. Wayne was honored as the 2008-09 WESCO Women's Coach of the Year while coaching at Edmonds-Woodway.

**Age:** 10 - 17 Years

**Dates:** 9/22-12/6

**Instructor:** Wayne Edwards

**Location:** Spartan Recreation Center, Gymnasium-South

**Fee:** \$39; w/Resident Disc: \$36

## Shoreline Youth Sports Organizations

### Richmond Football

(206) 365-7411

[www.eteamz.com/richmondjrfootball](http://www.eteamz.com/richmondjrfootball)

### Shoreline Cheer

(206) 365-7411

[www.eteamz.com/richmondjrfootball](http://www.eteamz.com/richmondjrfootball)

### Shoreline YMCA T-Ball

(206) 363-0446

[www.daleturnerymca.org](http://www.daleturnerymca.org)

### Hillwood Soccer Club

(206) 542-3353

[www.hillwoodsoccer.com](http://www.hillwoodsoccer.com)

### Shorelake Soccer Club

(206) 362-3594

[www.shorelake.org](http://www.shorelake.org)

### North King County Little League

Baseball/Softball

(206) 362-6316

[www.nkcll.org](http://www.nkcll.org)

### Richmond Little League

Baseball/Softball

[www.richmondlittleleague.com](http://www.richmondlittleleague.com)

### Sno-King Youth Club

Soccer/Basketball/Baseball/Softball

[www.skyc.net](http://www.skyc.net)

(425) 775-2633

### Cascade Swim Club

(206) 612-7099

[www.cascadeswimclub.com](http://www.cascadeswimclub.com)

## CAMP SHORELINE Holiday Break

AGES 4-12

# SCHOOL'S OUT CAMP

December 22,23,26,29,30 / January 2  
8am-6pm @ Spartan Recreation Center

Looking for something fun to do during holiday break? Join us at Camp Shoreline where we spend our days playing games, swimming, creating art and exploring other winter and holiday based activities. Camp is led by professionally trained staff and meets at the Spartan Recreation Center. Please bring a sack lunch, wear tennis shoes and pack a swimsuit/towel for kids 7+.

Daily Price \$45/\$40\*

**#66667** M 12/22 8am-6pm

**#66668** Tu 12/23 8am-6pm

**#66669** F 12/26 8am-6pm

**#66670** M 12/29 8am-6pm

**#66671** Tu 12/30 8am-6pm

**#66672** F 1/2 8am-6pm

\*With Resident Discount

Call 206-801-2600 to Register





## Positive Choices

Boys and girls will learn to make positive choices when it comes to making friends, making choices, dealing with anger, emotions and conflict. We'll teach your child how to effectively stop being bullied, stop bullying, and make positive and healthy behavioral choices. We will participate in discussion and games to provide a lot of positive learning. All supplies included.

**Age:** 8 - 11 Years  
**#66731** Tu 10/14 4:00-6:00pm  
**Instructor:** Paul Figueroa, former King County Police Officer  
**Location:** Spartan Recreation Center, Olympic Room  
**Fee:** \$43; w/Resident Disc: \$36

## Positive Choices for Girls

Girls will learn to make positive choices when it comes to making friends, making choices, dealing with anger, emotions and conflict. We'll teach your daughter how to effectively stop being bullied, be assertive, ask for what she needs and speak up. We will participate in discussion and games to provide a lot of positive learning with a focus on positive self esteem and assertiveness. All supplies included.

**Age:** 8 - 11 Years  
**#66733** Tues 10/21 4:00-6:00pm  
**Instructor:** Paul Figueroa, former King County Police Officer  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$43; w/Resident Disc: \$36

## Super Sitters

This program is designed to train young people in basic babysitting skills as well as safety and home-alone skills. Students completing the course will be better prepared to provide a safer and more positive infant/child care experience. This class is taught by a hospital-qualified instructor and includes parent expectations, basic first aid, home and fire safety, Heimlich maneuver, telephone tips, toys, activities and infant care. Participants receive a certification card upon completion of the class. Bring a sack lunch.

**Age:** 11 - 15 Years  
**#66730** Sa 9/27 9:00am-2:00pm  
**Instructor:** Cindy Tucker  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$48; w/Resident Disc: \$40

## Sewing Lessons

Learn basic machine sewing skills while making a variety of projects for yourself or as gifts to give. Skills will include threading the machine, bobbin winding, using a pattern, cutting fabric, straight stitch, zig zag and hand sewing. Sewing machines, materials and patterns provided. No additional supplies needed. No class 10/30.

**Age:** 8 - 14 Years  
**#66727** Th 9/25-11/20 4:00-5:30pm  
**Instructor:** Beckie Stratton  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$180; w/Resident Disc: \$150

## Drawing and Painting

Join us to learn how to draw and paint and create unique art projects that express your creative spark. We will begin with drawing skills then move to full color paintings using watercolor and acrylic paints. Instructor is owner of Dragonfly Art Studio. \$6 supply fee payable to instructor.

**Age:** 7 - 11 Years  
**#66734** W 10/8-10/29 4:00-5:30pm  
**#66735** W 11/5-11/26 4:00-5:30pm  
**Instructor:** Melissa Meier, owner of Dragon Fly Studio  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$66; w/Resident Disc: \$56



## Pre Engineering with LEGO



Let your imagination run wild with tens of thousands of LEGO! Build engineer-designed projects such as boats, bridges, mazes and motorized cars and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenging of engineering FUNDamentals. All supplies included.

**Age:** 5 - 7 Years  
**#67362** M 9/29-11/17 4:00-5:30pm  
**Instructor:** Lego Staff  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$144; w/Resident Disc: \$120

## Kids in the Kitchen

Wow your family and friends with your culinary abilities! Join us and learn basic cooking skills in these hands-on workshops. You will measure, chop, dice, stir and cook ingredients while making yummy recipes. All supplies provided. Robin is a teaching chef and an experienced cook for children.

**Age:** 7 - 11 Years  
**Breakfast Foods**  
**#66720** Tu 9/30 4:30-6:00pm  
**Pumpkin Pie**  
**#66721** Tu 10/14 4:30-6:00pm  
**Holiday Appetizers/Party Foods**  
**#66722** Tu 11/4 4:30-6:00pm  
**Gingerbread Cookies**  
**#66723** Tu 12/2 4:30-6:00pm  
**Instructor:** Robin Nield  
**Location:** Spartan Recreation Center, Cascade Room-w/Kitchen  
**Fee:** \$30; w/Resident Disc: \$25



"Kids in the Kitchen" making breakfast foods.

## Cartooning

Have fun learning to draw all new cartoon characters, horses and animals then create your own comic strip. Your imagination is your limit! All supplies provided. Class is for beginners and continuing students.

**Age:** 6 - 11 Years  
**#66725** Sa 11/8 10:00am-12:00pm  
**Instructor:** Jeanne Shepard  
**Location:** Spartan Recreation Center, Cascade Room  
**Fee:** \$18; w/Resident Disc: \$15